



Esperanza International

Esperanza Activity Options, updated 3/15/16

Activities to make a donation upon arrival:

- Casa del Migrante—this organization provides food, shelter and humanitarian services to migrants. You can learn from the stories of men who have been deported or are in transition (\$5 for dinner plus a \$5 donation per person recommended).
- Esperanza clinic visit—we established a health center in the area of the old city dump to respond to the needs of people living in that toxic environment. Take a tour and learn about the health needs of the community (suggested donation of \$100).
- AIDS clinic visit, Clinica Las Memorias—this clinic serves adults affected by HIV/AIDS. They provide palliative care and excellent service despite receiving few donations and very little government funding (suggested donation \$100).
- Fr. Jaime's medical clinic—this clinic is run by a priest to serve youth and adults with physical or mental disabilities. The clinic fulfills a need that is not always served in the area and runs with few donations (suggested donation \$100).
- Cancer center for kids—visit the only comprehensive cancer care center for children in Baja California. This activity could include a facility tour and spending time with the children. <http://www.fundacioncastrolimón.org> (suggested donation \$100).
- Orphanage visit—we have a relationship with a local orphanage for girls and can arrange visits to play with the children. Donations of diapers, soap, rice and beans are welcome (suggested donation of \$100).
- Visit to a community savings group meeting (FAV) and lunch—learn more about how our community savings groups work by attending a weekly meeting (suggested donation of \$150).
- Missionaries of Charity Soup Kitchen—this facility serves meals to poor migrants and others in need (suggested donation of \$100).

Free activities:

- Border tour—we offer a view of the Mexico-US border. Esperanza's volunteer coordinator can also share personal border stories and reflections.
- Chip bag demonstration—invite women from the community to teach you how to make wallets, purses and more out of recycled chip bags. A translator is recommended for this activity & there will be an opportunity for you to purchase items afterwards.

Other:

- Trip to the bufadora—visit this natural marine geyser south of Ensenada. <http://www.bajabound.com/destinations/ensenada/labufadora.php>. This activity is ideal for a relaxing Sunday afternoon. Transportation and a driver to and from the bufadora costs \$400.
- Soccer game vs. Esperanza staff and family members. There is a soccer field that can be rented for \$30/hour.
- Wine Tour—Baja's wine country includes small, independent vineyards and larger wineries. Take a tour to discover this beautiful region. Read more: <http://www.discoverbajacalifornia.com/bajas-wine-country.php> and http://www.mexicomatters.net/travelinginmexico/07_valledeguadalupe_ensenadamexicowinecountry.php. Transportation and a driver to and from the wineries costs \$400.

Cultural Activities:

- Cultural Center of Tijuana (CECUT) – this center features museums (including the contemporary art museum), IMAX, theatre, events and cinema, a restaurant, an exterior sculpture and the Orchestra of Baja California! Address: Paseo de los Héroes 9350, corner with Francisco Javier Mina, Zona Urbana Río Tijuana, C.P. 22010, Tijuana, Baja California
Tel. (664) 687 9600. Read more: <http://www.cecugob.mx/index.php>
http://www.mexicoescultura.com/agenda_cultural.php.
- La Antigua Bodega de Papel – this arts and music establishment has a live salsa band every Friday night from 10pm-1am. They also feature food, coffee & drinks. Address:
located on 2012 11th Avenue, between Revolucion and Madero St. Zona Centro, Tijuana, C.P.22000
Tel.(664) 634 0310. Read more: <https://www.facebook.com/pages/La-Antigua-Bodega-de-Papel/78795046209>.
- Tijuana Arts Center (CEART) – this new state-run arts center features galleries, a botanical garden, a 4D theatre and a cafeteria. Address: Via Rapida Oriente No. 15320 Zona Rio 3era Etapa, Tijuana
Tel. (664) 104 0273. Read more: <http://tijuanaatesorprende.com/index.php/lugares-conocer/item/ceart-tijuana>.
- For up-to-date cultural events: <http://tijuanaacultural.blogspot.mx/>.
- Children’s Museum—visit this interactive museum dedicated to promoting science and technology to Tijuana’s younger generation. <http://www.eltrompo.org/eng/>. General admission for adults is 50 pesos (less than \$4).

Dinner Recommendations:

- La Estancia—this restaurant in Rosarito can accommodate a large group.
Read more: <http://www.discoverbajacalifornia.com/restaurant.php?id=115>.
- Caesars Restaurant—discover where the caesar salad was invented! <http://www.caesarstijuana.com/>.
Read more: <http://www.sandiegored.com/noticias/28550/Caesar-s-Restaurant-in-Tijuana-one-of-the-world-s-101-best-Hotel-Restaurants/>.
- El Potrero – traditional Mexican food with a private room that can accommodate a group of 50. This restaurant from the 1950’s is shaped like a big sombrero! Blvd.Salinas #4700 Colonia Aviacion, Tijuana Baja California Tel: (01) (664) 686.36.26. Read more: http://www.tripadvisor.com/Restaurant_Review-g150776-d2557461-Reviews-El_Potrero-Tijuana_Baja_California.html
<http://www.comercialmx.com/ZMX328.htm>.
- Telefónica Gastro Park Restaurant—visit food trucks in Tijuana! Dinner averages \$12 per person and the cuisine ranges from octopus burgers to gourmet sandwiches. Read more:
<http://www.zonaturistica.com/en/restaurant/2269/telefonica-gastro-park-tijuana.html>

Events in Baja:

- The Baja Times posts information in English about art, music and more
<http://www.bajatimes.com/calendar.asp>.
- August wine festival (Festival de la Vendimia – Valle de Guadalupe) <http://www.provinoac.org/>.