

Esperanza

International Transportation Options

Most of our US groups fly into the San Diego airport and then cross the border into Mexico from there. There are many ways to cross the border! Get dropped off from the airport via Uber or other driving service, take the bus to the trolley then walk across, or rent your own vehicle. Most of our California and other closer groups choose to drive from their location directly to Tijuana. Your group can also rent our Esperanza Minibus and be driven around Tijuana. There are so many options!

THIS ENTIRE DOCUMENT CAN ALSO BE FOUND WITHIN OUR [GROUP LEADER PLANNING HANDBOOK](#).

Please contact our program coordinator at Programs@EsperanzaInt.org if you'd like to chat about any questions you may have regarding transportation or other questions related to volunteer opportunities.

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TRAVELING RESOURCES AND DIRECTIONS

International Medical Insurance

Neither Esperanza International nor FEM nor the Esperanza Medical Center carry any kind of medical insurance for volunteer groups. As of 2015, we require all volunteers to have international health insurance during the duration of their trip. Specifically, we ask that participants have insurance that covers emergency evacuation and emergency medical care and that group leaders send Esperanza's Program Coordinator a certificate of insurance one week before the trip. As of 2022, we encourage groups to get travel medical insurance that covers COVID-19 repatriation.

Below are links to resources that provide insurance products. These links are provided as informational resources only. We have no history or relationship with these companies or any other company on which to base a recommendation or endorsement. We make no commitments or promises regarding the performance or reliability of these or any other companies.

- [Trip Armor/Mission Trip Insurance](#)— "COVID-19 illness treated as any other illness or injury" and includes hotel stay. Individual and Group rates.
- [IMG Global](#)—Includes emergency medical care and evacuation, COVID included.
- [World Nomads Travel Insurance](#)—Includes accident/sickness expenses as well as emergency evacuation. Includes other benefits such as emergency dental and trip cancellation.
- [International Volunteer Card](#)—Includes emergency medical care, evacuation, dental, and has a COVID option plan, without deductibles.
- [InterMedical](#)—Provides international medical insurance including illness, injury and emergency medical evacuation. Some plans include COVID.

Transportation

We require that all groups and volunteers provide their own transportation to and from the posada, work sites, activities, and around town. Below are some great resources for vehicle rental and auto insurance, as well as the option of using Esperanza's minibuses.

Mexico Auto Insurance

Mexican law requires you to carry Mexican auto insurance, and insurance policies from U.S. or Canadian providers do not fulfill the basic requirement for insurance in Mexico and are not recognized by Mexican authorities. If you are involved in an accident while in Mexico, having a Mexico auto insurance policy will limit your financial burden and can reduce the chance that you will face jail time. Mexico only recognizes Mexican auto insurance. In addition, some full coverage policies include roadside assistance, legal aid and medical services assistance to meet your needs. We recommend this full coverage option. *Many rental companies require you to purchase Mexico auto insurance directly from them.*

One resource for taking care of your car insurance needs is [Baja Bound.com](#). (888) 552-2252. This website allows you to purchase and print your Mexican insurance policy before departing on your trip. This link is provided as an informational resource only. We have no history or relationship with this company or any other company on which to base a recommendation or endorsement. We make no commitments or promises regarding the performance or reliability of this or any other company. Bajabound.com is one company among many companies who provide this service.

Esperanza Minibuses

Transportation can be available with Esperanza Minibuses. These are especially great for groups who are not able to rent and drive their own vehicles. We have 2 available, each includes a driver, seats 17 passengers (plus the driver), between 8:00am-7:00pm. Cost is \$300/day including pick up and drop off days (on the Tijuana side of the border). Parking is not included and is to be paid when necessary. Please contact the Esperanza Program Coordinator if you have any questions. *Please note: we still require all groups to have ready access to transportation outside of Esperanza the minibuses in case of emergency.* For example, most groups choose to rent a separate car during their trip, or some utilize Uber, etc.

San Diego/Tijuana Area Vehicle Rental:

While we do not specifically work with any of these companies, many of our groups have been working with them throughout the years. Each company below offers various sized vehicles, with the ability to go into BC, Mexico and offers Mexican auto insurance.

- [ASAP Rent-a-Van](#)
 - 888-844-2727
 - 15 passenger vans. Offers roadside assistance in Tijuana and free local delivery and pick up.
- [Airport Rent-a-Car](#)
 - 619-295-3111
 - A 5 & 7 passenger vehicle available. Close to the airport.
- [Budget Rent-a-Car](#)
 - 619-542-8001
 - 7 & 15 passenger vans.
- [Dollar Rent-a-Car](#)
 - 866-434-2226
 - 7 passenger vans.
- [Enterprise Rent-a-Car](#)
 - 619-294-3313
 - Cargo vans available.
- [Mission Rent-a-Van](#)
 - 619-456-0270
 - Specializes in renting 15 passenger vans for groups.
- [Service Rent-A-Car in San Jose](#)
 - 408-292-6351
 - 15 & 11 passenger vans available.
- [Sun Diego Car Rental](#)
 - 866-704-8267
 - 12 & 15 passenger vans available.

Transportation to the Border

Below are some great ways to get around San Diego and to the border. Please note, for smaller groups or individuals, many volunteers also utilize **Uber** on *each* side of the border.

[San Diego Bus & Trolley](#)

You can take bus route 992 from the airport to Santa Fe Station for \$2.50 a person. From there you can cross the street to American Plaza and get a ticket for the blue line trolley that will take you all the way to the border. One-way tickets can be purchased for \$2.50 a person, and you will be dropped off very close to where you walk across the border at the San Ysidro stop.

[EZ Ride Shuttle](#)

They are a shuttle service that can take your group to the border from San Diego and vice-versa. This can be a great option for groups. Contact them on their website or via email for a quote. info@EzRideShuttle.com

[SuperShuttle](#)

This may be a good option if you are only traveling with a couple of people. Can shuttle your small group to the border from San Diego and vice-versa. Use their website for a quote

Border Crossing Information

Before you Cross into Mexico

- Purchase Mexican auto insurance and have the policy information with you.
- Have your passport available.
- Mexican border officials may also request notarized consent to enter Mexico from parent(s) required for children under age 18 traveling alone, with one parent, or in someone else's custody. See section 10 for form examples.
- Be prepared for a border inspection.
- Review map and directions to Posada.

Crossing the Border into Mexico

- If the red/green signal light turns red for you that is the signal to pull to the right for inspection.
- The Mexican border officials may inspect vehicles and trailers for any illegal items. You may be asked to open the hood and trunk of your vehicle.
- Remind passengers to be patient and respectfully quiet. This is not a time for jokes.
- Enclosed panel trucks and trailers longer than 15 ft. are prohibited from crossing the San Diego/Tijuana border.

Crossing Back into the U.S.

- Please be aware that border crossing times vary and can be particularly lengthy in the summer.
- [This website](#) provides information about border crossing times.

Travel Documents

- All US citizens re-entering the U.S. from Mexico by air, by sea or by land (car, bus, or foot) will need a valid US passport.
- For all non-U.S. citizens, please consult the State Department and the individual's consulate, not only for re-entry in the U.S. but also for rules to enter Mexico.
- U.S. Department of State [Passport Information](#)
- U.S. Department of State [Travel Information](#)

Maps and Directions

Directions to La Posada (where you'll be staying)

Updated 10/27/2022 via Google Maps. We suggest starting your route while still in the US, and downloading Google Maps (offline) for the most up to date directions, and taking into account any data lag after crossing into Mexico.

La Posada Address: Club de Leones 12518, La Gloria, 22645 La Joya, B.C., México. Drive: 28.4 miles

From the San Diego Airport (SAN) to the border by car.

- Get on I-5 S
 - 8 min (2.8 mi)
- Head east on N Harbor Dr toward McCain Rd
 - 2.2 mi
- Use the left 3 lanes to turn left onto W Grape St
 - 0.4 mi
- Use the right 2 lanes to take the ramp onto I-5 S
 - 0.2 mi
- Follow I-5 S to Av. Vía Rápida Pte. in Zona Urbana Rio Tijuana, Tijuana, México. Take the exit toward Aeropuerto/Rosarito from Av. Vía Rápida Pte.
 - 20 min (18.1 mi)
- Merge onto I-5 S
 - 16.6 mi

Entering Mexico, Go Through Border Checkpoint

- Continue on Dist Caracol Zona del Río/Puente México
 - 0.3 mi
- Use the left 2 lanes to continue on Dist Caracol Zona del Río/Puente México/Vía de la Juventud Ote
 - 0.1 mi
- Keep right to stay on Dist Caracol Zona del Río/Puente México/Vía de la Juventud Ote
 - 0.2 mi
- Use the right 2 lanes to take the exit toward Rosarito/La Mesa/Ensenada(Libre)
 - 0.3 mi
- Merge onto Av. Vía Rápida Pte.
 - 0.6 mi
- Take the exit toward Aeropuerto/Rosarito
 - 95 ft
- Take Carr. Transpeninsular/México 1 and Carr. Libre Tijuana-Rosarito/Cuauhtémoc Sur to Club de Leones/Ignacio Ramírez in La Gloria, La Joya
 - 23 min (7.5 mi)
- Merge onto Av. Vía Rápida Pte.
 - 436 ft
- Turn right to merge onto Carr. Transpeninsular/Blvd. Cuauhtémoc Nte./México 1 toward Aeropuerto/Rosarito
 - 0.2 mi
- At the roundabout, take the 2nd exit and stay on Carr. Transpeninsular/Blvd. Cuauhtémoc Nte./México 1
 - [Continue to follow Carr. Transpeninsular/México 1](#)
 - [Pass by Fitness Kitchen Tijuana \(on the right\)](#)
 - 0.3 mi

- Use any lane to turn left onto Carr. Transpeninsular/Blvd. Cuauhtemoc Sur/Blvd. Cuauhtemoc Sur Pte./Tijuana - Rosarito/México 1
 - **Pass by Valores Universales (on the right)**
 - 0.1 mi
- Use the left 3 lanes to turn slightly left to stay on Carr. Transpeninsular/Blvd. Cuauhtemoc Sur/Blvd. Cuauhtemoc Sur Pte./Tijuana - Rosarito/México 1
 - **Continue to follow Carr. Transpeninsular/Blvd. Cuauhtemoc Sur/Tijuana - Rosarito/México 1**
 - **Pass by Plaza Tropicana (on the left in 0.4 mi)**
 - 4.8 mi
- Take the exit toward La Gloria
 - 0.2 mi
- Continue onto Carr. Libre Tijuana-Rosarito/Cuauhtémoc Sur
 - 1.1 mi
- Turn left after La Michoacana (on the left)
 - 0.5 mi
- Turn right onto Club de Leones
 - 0.2 mi
- Turn left onto Club de Leones/Ignacio Ramírez
 - **Destination will be on the left**
 - 151 ft
- **ARRIVE** at Esperanza International - La Posada
 - Club de Leones 12518, La Gloria, 22645 La Joya, B.C., México
 - You will need to come to the gate



Grocery Stores within 20 minute Walking Distance:

- **Ley La Gloria**, Calle Miguel Hidalgo 9280, La Gloria, 22645 La Joya, B.C., México
- **Soriana Súper La Gloria Santini**, Escénica Ensenada - Tijuana 10121, La Gloria, 22645 Tijuana, B.C., México
- **OXXO**, Av. Padre Hidalgo 260, La Joya, 22115 Tijuana, B.C., México
- **Aprecio La Gloria**, Camino Vecinal No.9393 La Joya, 22645 Tijuana, B.C., México

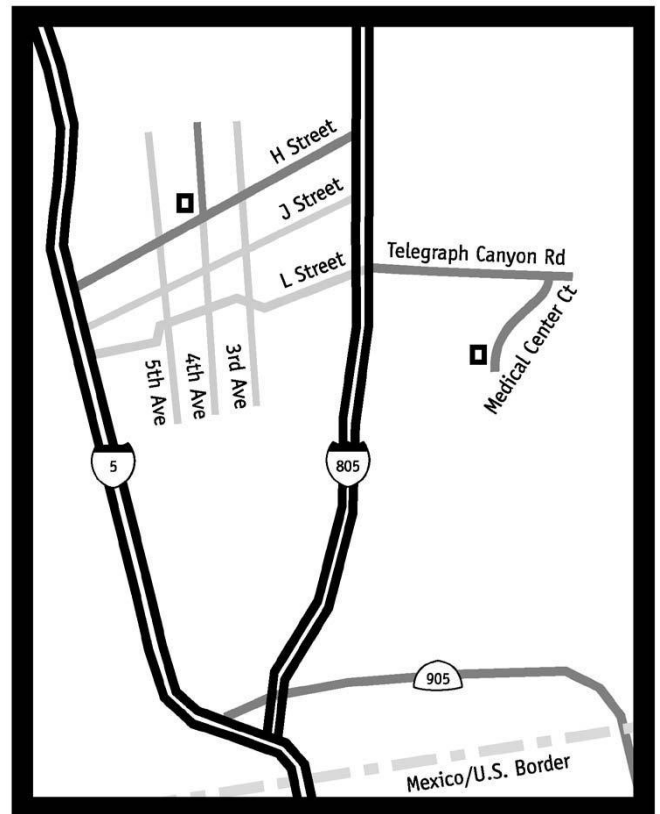
San Diego Hospital Map and Directions

Directions are from the Border to Scripps Memorial Hospital

Updated 10/27/2022 via Google Maps. We suggest using Google Maps for the most up to date directions.

Scripps Memorial Hospital: 435 H Street, Chula Vista CA 91910. (619) 691-7000

- Drive 8.8 miles, approx 10-20 minutes
 - From: Border Crossing, Zona Río, 92173 Tijuana, Baja California, Mexico
- Follow I-5 N to J St in Chula Vista. Take exit 7B from I-5 N
 - 9 min (7.3 mi)
- Head northwest then keep left at the fork to continue
 - 125 ft- 0.2 mi
- Continue onto I-5 N
 - 6.7 mi
- Take exit 7B for J St
 - 0.3 mi
- Continue on J St to your destination
 - 7 min (1.5 mi)
- Turn right onto J St
 - 0.9 mi
- Turn left onto 4th Ave
 - 0.5 mi
- Turn left after 7-Eleven (on the right)
 - 407 ft
- Turn right
 - 72 ft
- Turn left
 - **Destination will be on the right**
 - 459 ft
- **Arrive at Scripps Mercy Hospital Chula Vista**
- 435 H St, Chula Vista, CA 91910



Also available is:

Sharp Chula Vista Medical Center

751 Medical Center Court
Chula Vista CA 91910
(619)482-5800